

2nd Newsletter



September 2024

RAP Workbook a practical guide for managing power dynamics in working with youth

RAP (Raising Awareness of Power) highlights the subject of **power dynamics** in youth work, **helping and supporting** relationships and the good use of **non-oppressive empowerment** and accountability practices with the aim of helping professionals to manage this issue of **power dynamics**.


By **training** youth workers to **reflect** upon their **position of power**, RAP Workbook contents, materials and processes help them to establish **accountable relationships** with their young clients where the youth worker is clear about his role in **the power structure**, what the scope of the **mandate** is and what **mutual obligations** flow from the relationship. This, in turn, invites young people to become **active members** of the relationship and consequently enhances their **personal responsibility** and promotes their **personal autonomy**.



The RAP workshop brought together key profiles in youth work from Luxembourg and beyond.

On the 16th of September the RAP workshop introduced tools and techniques to raise awareness about power dynamics in youth work, promoting more inclusive and empowering environments for youth. With presence from all partners the event started with a presentation of the project and its results, after which 3 of the practices included in the RAP workbook were put into practice, allowing the participants to experience these type of activities. The feedback was very positive and all participants considered the workbook to be very useful and practical.

The RAP Workbook is available in English, French, Italian & Spanish. You can download it from our website.

 <https://rap-powerdynamics.org/>